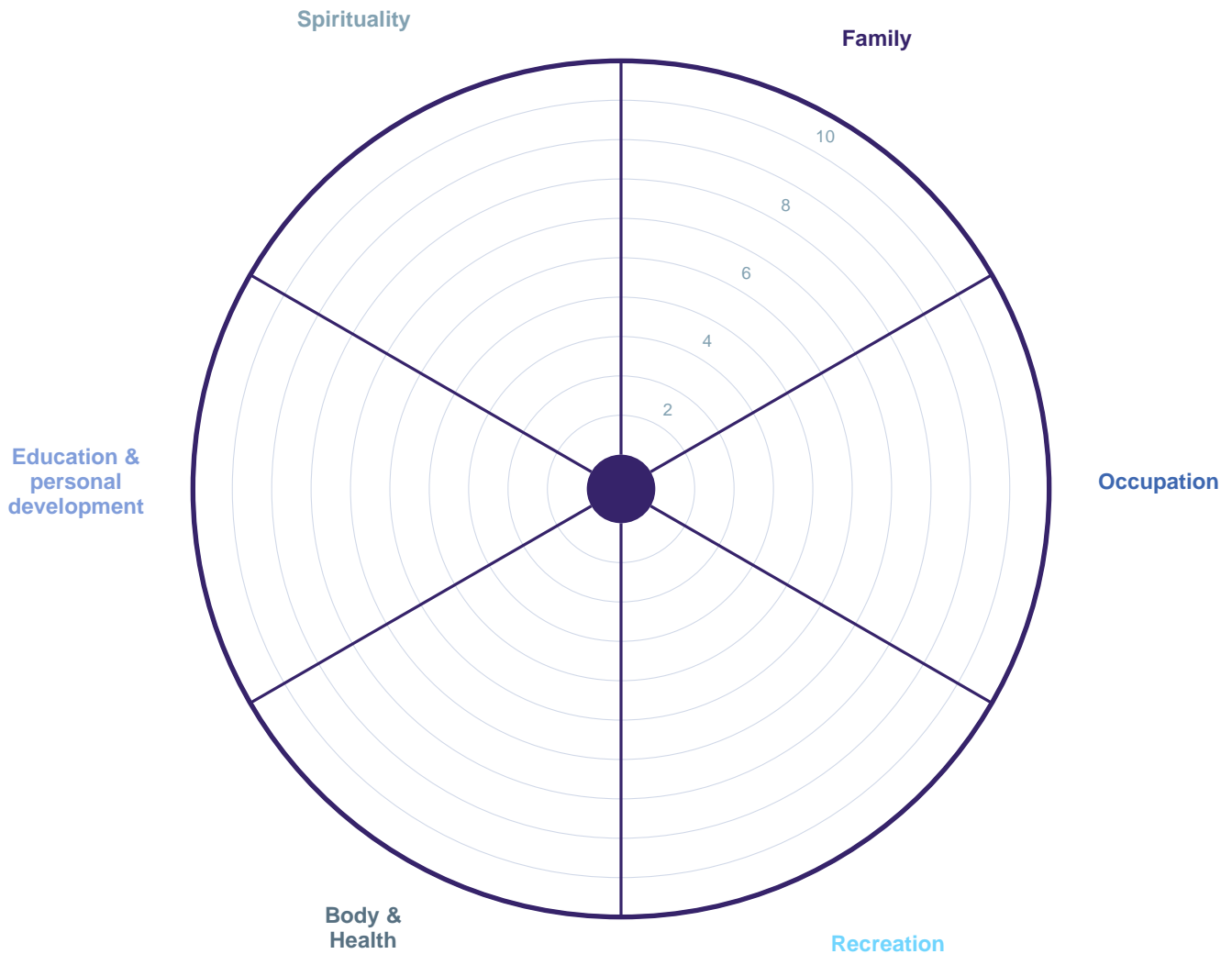


FORBES MOMENTUM TRACKER

Rank your satisfaction in each life area from 0 (center) to 10 (outer edge). Shade in each segment, the better your score the more you shade in towards the outer edge. The areas with limited shading reveal potential gaps.



- Family
- Occupation
- Recreation
- Body &
- Education &
- Spirituality